

# LESSON PLAN for volunteers

## Theme • My country

The country where one lives, the country where one comes from, the country where one's family comes from. The country as a place where different nationalities meet, along with their culture, customs, traditions and historical heritage. The theme enables to realize the differences and mutual synergies of different cultures and to implement activities to further explore them. The point of the theme is to help creating a positive approach to the concepts of nationality and culture in their diversity and to build mutual respect for otherness. The intention is to facilitate the coexistence and respect of different cultures in the country where one lives. Each culture has its own specifics which can appeal to others

## Lesson

### Around the world in one day

#### Lesson focus and goals

- Integrate different ethnics into the community.
- Help to familiarise the participants with the culture and traditions of different countries.
- Eliminate the failure of family's integration into the community.

#### Materials

- world map, outlines / blank maps of countries
- sheets of paper, crepe paper, fabrics
- brushes, water colors
- scissors, glue

#### Activities

Volunteers will help the teaching staff to actively reach out to disadvantaged families and present the project and the planned course of the activity to them. Subsequently, they will offer the family cooperation with the preparation of project activities. In case of specific needs of the children, the volunteers will help to provide the necessary tools and spaces so that the children can integrate into the group at their best and actively participate in the implementation of the project. Children should participate in the preparations and implementation, their ideas, suggestions and needs should be respected. Volunteers will accompany disadvantaged families throughout the project and, if necessary, help other participants of the activity.

#### Tips for specific types of inclusion/handicaps

- **DIFFERENT MOTHER TONGUE:** if possible, ensure translation, use internet translator, demonstration images,
- **SIGHT:** use additional light, magnifying glass, step-by-step work procedure
- **ATTENTION DISORDER:** ensure alternation of rest and movement activities
- **PHYSICAL HANDICAP:** ensure barrier-free space

#### Tips for parenting support

- Motivate the family actively, but in a respectful way, to plan and implement the project - find out the possibilities of the family and suggest how they can get involved (parents and children can practice a short dance or help prepare a traditional dish of their country).
- Encourage parents to communicate with each other and ask questions, you can join the group for a while and ask a few questions.

#### Technical terms

- **DIFFERENT MOTHER TONGUE:** applies for children whose native/dominant language is different from the official language of the country
- **ATTENTION DISORDERS:** children with this disorder tend to be absent-minded, easily distracted. It is difficult for them to distinguish important stimuli from irrelevant ones, they often have difficulty concentrating. Sometimes the attention disorder is also accompanied by hyperactivity, i.e., movement restlessness.
- **PARTICIPATION:** active participation in the implementation, progress and planning of the activity, possible influence on the project

#### Methodology

- Provide families with sufficient space for their presentation.
- Make sure that each group gets the same amount of time for their presentation.
- Lead the participants to respect each other - the presenter speaks, the non-presenter listens.