

LESSON PLAN for volunteers

Theme — My family

The theme aims to lead the class group, including children and teachers, to a reflection on the diversity of families, through the use of photography.

Lesson

TAKE A PICTURE OF YOUR FAMILY

Lesson focus and goals

- Who are the members of my family, from immediate to extended family
- Through comparison and exchange, arrive at the delineation that every family is different, particular special.
- Valuing differences, observing how families are original, highlighting the richness of the family figures present.

Materials

- Disposable cameras
- Photographs
- Scissors
- Glue
- Markers
- Poster paper

Activities

- The volunteers will participate in the moments in the section, dedicated to explaining to the group what we are going to do, but their mission with regard to the activity will be to observe, with a slightly more 'external' look, what reaction will result from sharing bits of private life with the group. Their support will be to the families who will be involved and to the children who will have to transform themselves into attentive and detached photographers.
- Observing the group's dynamics, trying to focus on what is to be worked on next; in essence, an external but attentive eye, capable of focusing on emotions, gathering them and then managing their processing with the teachers.
- During the time spent working with the families, the volunteers' role will be to accompany the parents in their work, trying to observe their ways during the group activity. They will encourage confrontation and exchange.

Tips for specific types of inclusion/handicaps

For the collage stage in case it is complex, photos can be scanned and a tablet can be used to build a collage digitally overcoming any difficulties related to difficulties in manual dexterity (Thing Link best app). Another possibility starting from photos selected by the family, children with disabilities can work by overlaying the photos with tracing paper on which to intervene graphically with indelible markers. This approach overcomes the difficulty associated with cutting the paper and allows for a very direct and spontaneous intervention.

Tips for parenting support

In case families do not want to use photos of their own family, it can be suggested that they use other images that have meaning for them on a symbolic and memory association level. For example, photos can be replaced by pictures from magazines, newspapers, postcards that may have meaning in describing their family.

Technical terms

There is a free app called THING LINK <https://www.thinglink.com/it/> to work on image collage on a device. This app allows you to create paths between images that can be uploaded directly in an easy way. Once the collage is finished you can share it with other people.

Methodology

The use of photos of your family or of magazines, newspapers, postcards and posters instead of photos takes some aspects of ARTETERAPIA in which visual languages are often used instead of verbal. The ability to tell yourself through a purely visual channel allows many people to express themselves with serenity and not feel judged. The use of collages in art therapy and symbolic associations with images is a tool of relationship that can be activated with parents.