

# LESSON PLAN

## Theme • My family

The theme enables a comprehensive view on the family as such (roles and their relational and social contexts), the child's specific family (origin and history of the family, cultural traditions, values and customs) and the families the child meets in his environment (respect for otherness and differences). The point of the theme is understanding of one's own uniqueness, respect for others, mutual support and the connection of families.

## Lesson

### My family tree

#### Lesson focus and goals

- Awareness of the closest family members, their relationships, and roles
- Training the skills needed to do presentations
- Connecting families and creating an opportunity to establish closer contact through joint creation and sharing of their family tree

#### Materials

- photos of family members
- family tree template to stick on
- scissors
- glue
- crayons or markers, or coloured
- papers or stickers for decoration

#### Activities

Parents bring photos of the closest family members (developed or printed) and together with the child they stick them on the prepared sheet.

After they have finished creating, create groups of 3-4 families (based on the number of present family members), who will each present one by one their family tree to the others. The goal is to introduce all the members incorporated in the family tree - their role in relation to the child (father, mother, grandmother, grandfather...) and their name, possibly occupation or some other interesting detail. If families bring any items, clothing or food associated with their respective family members, they can also present them. The recommended time for one family's presentation is 5 minutes. You can measure time with an hourglass so that the children can clearly see how time passes.

After the end of the activity, the family trees can be displayed in the premises of the ECEC service (if the family gave its consent).

#### Tips for specific types of inclusion/handicaps

- DMT - provide the family with a translation, try to help the family integrate as much as possible
- VISUAL HANDICAP - the template of the family tree should be large enough, or simplified to only the circle of immediate family
- PHYSICAL HANDICAP - adapt the place to the child's specific movement needs
- ATTENTION DISORDERS - create a movement station in the activity area

#### Tips for parenting support

- Parents can also bring interesting objects that relate to the family members, or traditional cultural clothing or a favourite family dish.
- Support the parents in motivating the children to present and complement them if necessary. If the child is shy, the parent can start and then give the child the opportunity to complete his presentation.
- Invite other parents to ask follow-up questions to the presenting family.